



The Nutrition Group

# PITTSTON AREA KINDERGARTEN CENTER LUNCH MENU

December 12, 2011 thru January 20, 2012

Food Service Director:  
Sue Rudalavage  
570-654-7770 or  
654-2415 Ext 2221

## September Breakfast Items

**Monday**  
Hot Pockets  
**Tuesday**  
Pancake Sausage  
Wrap  
**Wednesday**  
Sausage, Egg and  
Cheese on a Bagel  
**Thursday**  
Scrambled Eggs with  
Toast  
**Friday**  
Waffles with Syrup

Daily Choices are  
Assorted Whole Grain  
Cereals with Toast,  
Breakfast Pizza  
Toast

All Breakfast meals  
area served with  
100% Juice and



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Low Fat Milk

Menu subject to  
change

Breakfast Price  
\$.85 Paid  
\$.30 Reduced

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>ALTERNATES</b>
12	Grilled Cheese Or Hot Dog on a Bun Corn Pears Low Fat Milk	Corn Dog Nuggets Or Cheeseburger on a Bun Peas Mandarin Oranges Low Fat Milk	14 Macaroni and Cheese Or Chicken Patty on Bun Bread Slice Green Beans Pineapple Tidbits Low Fat Milk	15 Christmas Dinner Roasted Turkey Dinner Roll Mashed Potatoes And Gravy Corn Peach Crisp Low Fat Milk	16 Beef Taco Salad Bread Or Italian Dunkers Mixed Vegetables Peaches Low Fat Milk	Turkey Wrap Or Chef Salad Or Italian Hoagie Or Pizza
19	Pasta with Meat Sauce And Garlic Bread Or Hamburger Sliders Green Beans Pineapple Tidbits Low Fat Milk	20 Teriyaki Chicken with Rice and Bread Or Fish Sticks Bread Slice Corn Applesauce Low Fat Milk	21 Cheese Steak Hoagie Or Chicken Parm Sandwich Peas Peaches Low Fat Milk	22 Sloppy Joe on a Bun Or Hot Dog on a Bun Mixed Vegetables Mandarin Oranges Low Fat Milk	23 Pepperoni Pizza Or Chicken Nuggets Bread Slice Carrots Pears Low Fat Milk	Ham and Cheese Wrap Or Crispy Chicken Salad Or Tuna Hoagie Or Pizza
2	No School  <b>A HAPPY NEW YEAR</b>	3 Rib a Que on a Bun Or Bacon Cheeseburger Baked Fries Carrots Peaches Low Fat Milk	4 Pasta with Meatballs Garlic Bread Or Fish Sandwich Corn Pears Low Fat Milk	5 Pork Chop Or Chicken Strips Bread Slice Mashed Potatoes with Gravy Mixed Fruit Low Fat Milk	6 BBQ Chicken Dunkers Or Taco Salad Bread Peas Pineapple Tidbits Low Fat Milk	Italian Wrap Or Chef Salad Or Turkey Hoagie Or Pizza
9	Macaroni and Cheese Bread Slice Or Hot Ham and Cheese on a Bun Green Beans Mandarin Oranges Low Fat Milk	10 Cheeseburger Fajita Bread Slice Or Hot Dog on a Bun Mixed Vegetables Applesauce Low Fat Milk	11 Chicken Parm With Noodles Or Fish Sticks Bread Slice Carrots Peaches Low Fat Milk	12 Corn Dog Bites Or Bacon Cheeseburger Baked Fries Corn Pears Low Fat Milk	13 Chicken Patty on a Bun Or Chili Taco Bread Slice Peas Pineapple Tidbits Low Fat Milk	Turkey Wrap Or Chicken Caesar Salad Ham and Cheese Hoagie Or Pizza
16	No School  	17 Bacon Cheeseburger Or Chicken Nuggets Bread Slice Green Beans Pears Low Fat Milk	18 Meatball Hoagie Or Chicken Fajita Fried Rice Bread Slice Corn Peaches Low Fat Milk	19 Hot Ham Hoagie Or Taco Salad Bread Slice Baked Fries Mixed Fruit Low Fat Milk	20 Italian Dunkers Or Rib a Que Peas Pineapple Tidbits Low Fat Milk	Ham and Cheese Wrap Or Chef Salad or Turkey Hoagie Or Pizza

We would like to wish you a Happy and Safe Holiday Season!!!

Available Daily at Lunch: Fresh Fruit, Carrot or  
Celery Sticks, Tossed Salad  
Milk Choices: Skim, 1% Flavored, 2% White