

# PITTSTON AREA MIDDLE SCHOOL LUNCH MENU

December 5, 2011 thru January 27, 2012



Wraps and Hoagies  
to include:  
Italian, Turkey, Tuna, Buffalo

Assorted Salads made fresh daily



### Fresh Pizza

Monday: Buffalo  
Tuesday: Pepperoni  
Wednesday: Buffalo  
Thursday: White  
Friday: Buffalo  
Plain Pizza available daily



Whole Grain Chicken Patties  
And  
Chicken Fajita

Buffalo Sauce Available

**Lunch Prices-**  
**Paid: \$1.85**  
**Reduced \$0.40**  
**Adult \$2.50**

All offered daily with a choice of  
bread, fruit, and Fat Free milk.

Assorted Fresh Crisp Salads with  
Low Fat Dressings

All offered daily with a choice of  
Cold Vegetable,  
Fresh Fruit, and Low Fat Milk.



- 12-5 Chicken Tenders, Bread Slice Mashed Potatoes with Gravy, Corn, Pineapple Tidbits
- 12-6 Cheese Steak Hoagie, Green Beans, Applesauce
- 12-7 Pasta with Meat Sauce, Roll, Carrots, Peaches
- 12-8 BBQ Chicken, Mashed Potatoes with Gravy, Peas, Bread, Mixed Fruit
- 12-9 Italian Stromboli, Mixed Vegetables, Pears
- 12-12 Pork Chop, Bread, Mashed Potatoes, Gravy, Carrots, Peaches
- 12-13 Beef Stir-fry with Broccoli, Rice, Bread Slice, Pears
- 12-14 Triple Decker Grilled Cheese with Chicken Noodle Soup, Peas Mixed Fruit
- 12-15 Christmas Dinner, Turkey, Stuffing, Mashed, Corn, Roll, Apple Crisp
- 12-16 Pierogi Pizza, , Corn, Mandarin Oranges
- 12-19 Popcorn Chicken Bowl with Corn, Mashed, Bread Slice, Pears
- 12-20 Italian Stromboli and Green Beans, Peaches
- 12-21 Pasta with Meatballs, Bread Slice, Peas, Mixed Fruit
- 12-22 Buffalo Panini, Carrots, Pineapple Tidbits
- 12-23 BBQ Rib a Que Hoagie, Wax Beans, Mandarin Oranges
- 1-3 Macaroni and Cheese, Bread Slice, Green Beans, Pears
- 1-4 Sweet and Sour Chicken, Oriental Vegetables, Rice, Bread, Peaches
- 1-5 Roast Pork with Gravy, Bread Slice, Mashed Potatoes. Peas, Mixed Fruit
- 1-6 Bacon Cheeseburger, Carrots, Pineapple
- 1-9 Meatball Hoagie, Corn, Peaches
- 1-10 Italian Dunkers, Peas, Mandarin Oranges
- 1-11 Pasta with Meat Sauce, Wheat Bread, Carrots, Pears
- 1-12 Panini, , Mixed Vegetables, Pineapple Tidbits
- 1-13 Buffalo Chicken Hoagie, Roasted Potatoes, Applesauce
- 1-16 No School
- 1-17 Pork Chop, Bread, Corn, Mixed Fruit
- 1-18 Italian Stromboli, Green Beans, Peaches
- 1-19 Chicken Tenders, Mashed with Gravy, Pineapple Tidbits
- 1-20 Brunch For Lunch, Sausage, Egg and Bagel Sandwich, Carrots
- 1-23 Chicken Parm with Pasta, Bread Slice, Carrots, Pears
- 1-24 Hot Turkey Sandwich, Mashed with Gravy, Peaches
- 1-25 Panini, Peas, Applesauce
- 1-26 Hot Ham and Cheese Grinder, Green Beans, Mixed Fruit
- 1-27 Cheeseburger and Chicken Sliders, Corn, Mandarin Oranges

## Breakfast



Available daily:  
Assorted Cereal w/ Toast

### Daily Specialties:

**Monday:** Egg & Cheese  
on a Bagel "or"  
French Toast Sticks with Syrup

**Tuesday:** Scrambled Egg with  
toast  
"or"  
Sausage & Cheese on a  
Bagel

**Wednesday:** Pancakes w/ Syrup  
"or"  
Egg, Bacon & Cheese on English  
Muffin

**Thursday:** Breakfast Pizza  
"or"  
Egg & Cheese on a Bagel

**Friday:** Waffles w/ Syrup  
"or"  
Sausage & Cheese on a Bagel

Breakfast is served with choice of  
100% Fruit Juice and Milk



Skim, Fat Free Chocolate,  
Strawberry, Vanilla  
1/2 Pint

**Other Beverage Choices:**  
Coke Products, Dasani Water,  
Powerade Zero  
Vitamin Water

**Food Service Director**  
**Sue Rudalavage**  
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Menu subject to change