



The Nutrition Group

# PITTSTON AREA PRIMARY CENTER LUNCH MENU

December 12, 2011 thru January 20, 2011

Food Service Director:  
Sue Rudalavage  
570-654-7770 or  
654-2415 Ext 2221

**September  
Breakfast Items**

- Monday**  
Hot Pockets
- Tuesday**  
Pancake Sausage  
Wrap
- Wednesday**  
Sausage, Egg and  
Cheese on a Bagel
- Thursday**  
Scrambled Eggs with  
Toast
- Friday**  
Waffles with Syrup

Daily Choices are  
Assorted Whole Grain  
Cereals with Toast,  
Breakfast Pizza  
Toast

All Breakfast meals  
area served with  
100% Juice and




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Low Fat Milk

**Menu subject to  
change**

**Breakfast Price  
\$.85 Paid  
\$.30 Reduced**

|    | <b>MONDAY</b>   | <b>TUESDAY</b>  | <b>WEDNESDAY</b>   | <b>THURSDAY</b>   | <b>FRIDAY</b>   | <b>ALTERNATES</b>  |
|----|---|---|--|---|---|--|
| 12 | Triple Decker Grilled Cheese<br>Or<br>Hot Dog on a Bun<br>Corn<br>Pears<br>Low Fat Milk                                       | 13<br>Corn Dog Nuggets<br>Or<br>Cheeseburger on a Bun<br>Peas<br>Mandarin Oranges<br>Low Fat Milk                       | 14<br>Macaroni and Cheese<br>Or<br>Meatball Platter<br>Bread Slice<br>Green Beans<br>Pineapple Tidbits<br>Low Fat Milk | 15<br>Christmas Dinner<br>Roasted Turkey<br>Dinner Roll<br>Mashed Potatoes<br>And Gravy<br>Carrots<br>Peach Crisp<br>Low Fat Milk | 16<br>Beef Taco Salad<br>Bread<br>Or<br>Italian Dunkers<br>Mixed Vegetables<br>Mandarin Oranges<br>Low Fat Milk | Turkey Wrap<br>Or<br>Chef Salad<br>Or<br>Italian Hoagie<br>Or<br>Chicken Tenders<br>with Bread               |
| 19 | Pasta with Meat Sauce<br>And Garlic Bread<br>Or<br>Hamburger Sliders<br>Green Beans<br>Pineapple Tidbits<br>Low Fat Milk      | 20<br>Teriyaki Chicken with<br>Rice and Bread<br>Or<br>Fish Sticks<br>Bread Slice<br>Corn<br>Applesauce<br>Low Fat Milk | 21<br>Cheese Steak Hoagie<br>Or<br>Chicken Parm<br>Sandwich<br>Peas<br>Peaches<br>Low Fat Milk                         | 22<br>Sloppy Joe on a Bun<br>Or<br>Hot Dog on a Bun<br>Mixed Vegetables<br>Mandarin Oranges<br>Low Fat Milk                       | 23<br>Pepperoni Pizza<br>Or<br>Hot Ham and Cheese<br>on a Bun<br>Carrots<br>Pears<br>Low Fat Milk               | Ham and Cheese<br>Wrap<br>Or<br>Crispy Chicken Salad<br>Or<br>Tuna Hoagie<br>Or<br>Chicken Patty on a<br>Bun |
| 2  | No School<br><br><b>A HAPPY<br/>NEW YEAR</b>  | 3<br>Rib a Que on a Bun<br>Or<br>Bacon Cheeseburger<br>Baked Fries<br>Carrots<br>Peaches<br>Low Fat Milk                | 4<br>Pasta with Meatballs<br>Garlic Bread<br>Or<br>Fish Sandwich<br>Corn<br>Pears<br>Low Fat Milk                      | 5<br>Pork Chop<br>Bread Slice<br>Or<br>Teriyaki Beef Strips<br>Mashed Potatoes with<br>Gravy<br>Mixed Fruit<br>Low Fat Milk       | 6<br>BBQ Chicken Dunkers<br>Or<br>Taco Salad<br>Bread<br>Peas<br>Pineapple Tidbits<br>Low Fat Milk              | Italian Wrap<br>Or<br>Chef Salad<br>Or<br>Turkey Hoagie<br>Or<br>Chicken Nuggets<br>with Bread               |
| 9  | Macaroni and Cheese<br>Bread Slice<br>Or<br>Hot Ham and Cheese on a<br>Bun<br>Green Beans<br>Mandarin Oranges<br>Low Fat Milk | 10<br>Cheeseburger Fajita<br>Bread Slice<br>Or<br>Hot Dog on a Bun<br>Mixed Vegetables<br>Applesauce<br>Low Fat Milk    | 11<br>Chicken Parm<br>With Noodles<br>Or<br>Fish Sticks<br>Bread Slice<br>Carrots<br>Peaches<br>Low Fat Milk           | 12<br>Corn Dog Bites<br>Or<br>Bacon Cheeseburger<br>Baked Fries<br>Corn<br>Pears<br>Low Fat Milk                                  | 13<br>Pizza Day<br>Or<br>Chili Taco<br>Bread Slice<br>Peas<br>Pineapple Tidbits<br>Low Fat Milk                 | Turkey Wrap<br>Or<br>Chicken Caesar<br>Salad<br>Ham and Cheese<br>Hoagie<br>Popcorn Chicken<br>with Bread    |
| 16 | No School<br><br>                          | 17<br>Macaroni and Cheese<br>Bread Slice<br>Or<br>Bacon Cheeseburger<br>Green Beans<br>Pears<br>Low Fat Milk            | 18<br>Meatball Hoagie<br>Or<br>Chicken Fajita<br>Fried Rice<br>Bread Slice<br>Corn<br>Peaches<br>Low Fat Milk          | 19<br>Hot Ham Hoagie<br>Or<br>Taco Salad<br>Bread Slice<br>Baked Fries<br>Mixed Fruit<br>Low Fat Milk                             | 20<br>Italian Dunkers<br>Or<br>Rib a Que<br>Peas<br>Pineapple Tidbits<br>Low Fat Milk                           | Ham and Cheese<br>Wrap<br>Or<br>Chef Salad or<br>Turkey Hoagie<br>Or<br>Chicken Patty on a<br>Bun            |

We would like to wish you a Happy and Safe Holiday Season!!!

**Available Daily at Lunch: Fresh Fruit, Carrot or Celery Sticks, Tossed Salad**  
**Milk Choices: Skim, 1% Flavored, 2% White**